



Hong Kong Ladies Road Runners Club  
香港女子健跑會



# Boxing Day Race

Saturday 26th December 2009

## ENROLLMENT FORM 參加表格 (PLEASE COMPLETE IN ENGLISH 請用英文填寫)

Family name 姓 :

Given name 名 :

Sex 性別 :

M 男       F 女

Date of Birth 出生日期 :

dd 日 \_\_ \_\_      mm 月 \_\_ \_\_      yyyy 年 \_\_ \_\_ \_\_ \_\_

Phone No. 電話號碼 :

E-mail 電郵地址 :

Postal Address 地址 :

I agree to enter this race at my own risk and to abide by the rules and conditions laid down by the organizers. I hereby agree to discharge the organizers from any responsibility in the event of an accident or mishap, which might cause me injury during or after the race.

聲明：謹證名本人是自願參加比賽，並願意自行承擔所有責任。本人亦謹遵守比賽規則及決定。本人一旦因在往返比賽場地或比賽中受到任何財物損失、受傷或致死亡、主辦賽會、贊助商及其他有關合辦機構均無須付上任何責任。

Signed 簽名: \_\_\_\_\_ Date 日期: \_\_\_\_\_

(parent or guardian for applicants 18 and under 十八歲以下之參賽者需由父母或監護人簽署)

## IMPORTANT NOTES:

- Cheques payable to  
劃線支票抬頭人請寫：  
Hong Kong Ladies Road Runners Club 或“香港女子健跑會”
- Enclose with entry 1 LARGE STAMPED (A4 size) self addressed envelope with minimum HK\$1.40 value stamp for number bib  
郵遞參賽表格連同劃線支票，並須付有一個已貼上1元4角的(A4)回郵信封，以便本會寄回參賽號碼
- Send Entry to (填妥表格寄回)：  
PO Box 20613, Hennessy Road Post Office, Wanchai  
灣仔軒尼詩道郵政信箱 20613 號
- No number bib pick up on day  
不設即場派發號碼布
- Lost numbers HK\$10 for replacement  
即場補領費HK \$10
- Strictly NO ENTRIES on the day. Entry list and information on [www.hklrrc.org.hk](http://www.hklrrc.org.hk) before the race.  
不設受即場報名。參賽名單和賽事資料，會於賽事一星期前刊登在 [www.hklrrc.org.hk](http://www.hklrrc.org.hk)
- Red, Black Rainstorm or T8 warning issued by 08.00 on race day: event is cancelled. We will attempt to reschedule - No entry fee refund.  
當紅色或黑色暴雨警告或8號風球於賽事兩小時前生效，賽事會改期，本會將盡量擇日補賽，已繳報名費不會退還。
- Race marshals needed, if you cannot run please come and help at the race.  
歡迎所有不能參賽者出席為大會作賽道指揮 / 督導員。

[www.hklrrc.org.hk](http://www.hklrrc.org.hk)

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## RACE INFORMATION

Date 日期	26 December 2009 (2009年12月26日)	
Fancy Dress Competition 奇趣服裝競賽	09.30 (上午9時30分)	
Race Start Time 起跑時間	10.00 (上午10時)	
Course 賽道	Anticlockwise circuit of Mount Cameron via Middle Gap Road and Black's Link. Including 1km trail. 中峽道上山，沿金馬倫山跑一圈，經布力徑回程至起跑點	
Race Start/Finish 起點 / 終點	Wanchai Gap Playground at Peak Road Stubbs Road 灣仔峽公園 (司徒拔道山頂道交界)	
Distance 全程	4 km (4 公里)	
Age Groups 組別	Adults : 19-29, 30-39, 40-49, 50-59, 60+ Juniors : 10 and under, 11-14, 15-18	
Prizes 獎品	Top 3 adults/juniors in age groups 各組別首三名 Best Fancy Dress Prizes 最佳奇趣服裝獎	
Race Souvenir 紀念品	T shirt to all race finishers 每位完成賽事者將獲派發紀念T shirt一件	
Fancy Dress Competition 奇趣服裝競賽	Souvenir to all entrants in Fancy Dress Competition 凡穿奇趣服裝競賽者，可得紀念品一份	
Quota 名額	350 runners, first come first served 350名，先到先得	
Entry Deadline 截止報名日期	16 December 2009 (2009年12月16日)	
Entry Fee 報名費	Age 19 and over HKLRRC members 19歲及以上 (會員)	HK\$60 六十元正
	Age 19 and over non members 19歲及以上 (非會員)	HK\$80 八十元正
	Age 18 and under HKLRRC members 18歲及以下 (會員)	HK\$50 五十元正
	Age 18 and under non members 18歲及以下 (非會員)	HK\$60 六十元正
Enquiries 查詢	Tel: 9139 3127	Email: hklrr@yahoo.com



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