



H.K.L.R.R.C.

MIZUNO



29th FAT CHOY RACE 2010

RACE INFORMATION

- Date (日期):** 16 February 2010 (2010年2月16日)
- Race Start Time (起跑時間):** 08.00 a.m. (上午8時正)
- Race Start (起步點):** Peak Galleria, Peak Road. 山頂廣場, 山頂道.
- Race Finish (終點):** Mount Austin Playground, 柯士甸山公園,
Mount Austin Road. 柯士甸山道.
- Course (賽道):** Peak Galleria, Peak Road, Homestead Road ,
Mount Kellet Road, Peak Road, Harlech
Road, Lugard Road, Mount Austin Road.
山頂廣場, 山頂道, 堪仕達道, 加列山道, 山頂道,
夏力道, 盧吉道, 柯士甸山道.
- Venue (地點):** Bag Drop (行李儲存),
Prize Presentation (頒獎儀式),
Water, Souvenir (水) (紀念品).
Mount Austin Playground 柯士甸山公園
- Distance (全程):** Approx 7.5km (公里)
- Age Groups (組別)**
- | | |
|---------------------|--|
| Ladies (女子): | 19 – 34, 35 – 44, 45 – 54, 55 – 64, 65 + |
| Girls (女青年): | 14 and under, 15 – 18 |
| Men (男子): | 19 – 34, 35 – 44, 45 – 54, 55 – 64, 65 + |
| Boys (男青年): | 14 and under, 15 – 18 |
- Prizes (獎品):** Top 3 ladies / girls / men / boys in age group
每組別 女子/女青年/男子/男青年
頭三名優勝者 將獲獎品
- Race Souvenir (紀念品):** T shirt to all race finishers
每位完成賽事者將獲派發紀念 T shirt 一件
- Quota (名額):** 800 runners first come first served
Entries in excess of quota will be returned
No entry on day
800 名額, 先到先得, 不接受即場報名.
- Entry Fee (報名費):** Age 19 and over HK\$80 19歲及以上 80元正
Age 18 and under HK\$60 18歲及以下 60元正
- Enquiries & Information (查詢):** 91393127 email: hklrr@yahoo.com
www.hklrrc.org.hk



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ENROLLMENT FORM 參加表格 (PLEASE COMPLETE IN ENGLISH 請用英文填寫)

Family name 姓			
Given name 名			
Sex 性別	M 男 <input type="checkbox"/>	F 女 <input type="checkbox"/>	
Date of Birth 出生日期	dd 日	Mm 月	yyyy 年
Phone No. 電話號碼			
E-mail 電郵地址			
Postal Address 地址			
I agree to enter this race at my own risk and to abide by the rules and conditions laid down by the organizers. I hereby agree to discharge the organizers from any responsibility in the event of an accident or mishap which might cause me injury during or after the race. 聲明 ：謹證明本人是自願參加比賽，並願意自行承擔所有責任。本人亦謹遵守比賽規則及決定。本人一旦因在往返比賽場地或比賽中受到任何財物損失、受傷或致死亡，主辦賽會、贊助商及其他有關合辦機構均無須付上任何責任。			
Signed 簽名: _____		Date 日期: _____	
(parent or guardian for applicants 18 and under 十八歲及以下之參賽者需由父母或監護人簽署)			



IMPORTANT NOTES:

- Cheques payable to(劃線支票 抬頭人請寫) : Hong Kong Ladies Road Runners Club
- Enclose with entry 1 LARGE STAMPED self addressed envelope with minimum HK\$2.20 value stamps for number bib. (郵遞參賽表格連同劃線支票, 並須付有一個已貼上 2 元 2 角 郵票 的大信封, 以便本會寄回參賽號碼)
- Send Entry to(填妥表格寄回) : PO Box 20613, Hennessy Road, Wanchai (灣仔 軒尼詩道 郵政信箱 20613 號)
- No number bib pick up on day 號碼布將會郵遞, 不設即場派發.
Lost numbers HK\$10 for replacement 即場補領費 HK\$10.
- Strictly NO ENTRIES on the day. Entry list and information on www.hklrrc.org.hk before the race
不接受即場報名。參賽名單和賽事資料, 會於賽事一星期前刊登在 www.hklrrc.org.hk
- Black Rainstorm or T8 warning issued by 06.30 on race day event is cancelled.
We will attempt to reschedule - No entry fee refund.
- 如黑色暴雨或 8 號風球警告於比賽當日上午 6 時 30 分生效, 賽事會取消。本會儘量擇日補賽。已繳 報名費 不會退還。
- Race marshals needed if you cannot run please come and help at the race.
歡迎所有不能參賽者出席為大會作賽道指揮/督導員。